

Infant and Toddler Formulas

* This resource is not meant to be used as a substitute for nutrition advice from a medical professional. Please consult your pediatrician or healthcare provider before changing your child's formula or starting a new formula for your child.

Preterm Infant Formulas

Preterm formulas or fortifiers (used mainly in the NICU)

Enfamil Human Milk Fortifier Similac Human Milk Fortifier
Enfamil Premature High Protein 24 Sim Special Care 24 High Protein Gerber Prem 24 High Prot
Enfamil Premature 20 and 24 cal Sim Special Care 20 and 24 cal Gerber Prem 20 and 24 cal
Similac Special Care 30

Preterm discharge formulas (22 calories/oz)

Similac Neosure Enfamil Enfacare Parent's Choice NeoCare Gerber Nourish

Term Infant Formulas

Standard Term formulas

Enfamil Premium Newborn (newborn to 3 months of age)
Similac Advance Enfamil Premium Infant Parent's Choice Premium/Advantage
Similac Advance Organic Baby's Own Organic

Term formulas for Feeding Issues:

Partially hydrolyzed protein

Enfamil Gentlease (low lactose) Parent's Choice Gentle (low lactose)
Gerber Good Start Gentle (contains prebiotics)
Gerber Good Start Protect (contains probiotics)
Gerber Good Start Soothe (contains probiotics for colic)

Sensitive/Low Lactose

Similac Sensitive for Fussiness and Gas Parent's Choice Sensitive Baby's Own Organic LactoRelief

Spit Up/Added Rice Starch

Enfamil AR (reduced lactose) Similac Sensitive for Spit Up (reduced lactose)
Parent's Choice Added Rice Starch

Soy

Enfamil Prosobee Similac Soy Isomil Parent's Choice Soy
Gerber Good Start Soy Baby's Own Organic Soy

Hydrolyzed proteins

Enfamil Nutramigen DHA/ARA
Enfamil Nutramigen Enflora LGG (probiotics)
Enfamil Pregestimil (contains MCT oil) Similac Alimentum (contains MCT oil)

Elemental formula

Similac Elecare Enfamil PurAmino Neocate Infant

Toddler formulas

Nutritionally complete

30 calories/oz

Pediasure Parent's Choice Pediatric Drink Boost Kid Essentials Pediasmart (Organic)
Nestle Compleat (contains real food ingredients for enteral feedings)
Pediasure with fiber Parent's Choice Pediatric Drink w/ fiber
Nestle Nutren Junior (50% whey protein)
Nestle Nutren Junior Fiber (50% whey protein and prebiotic)

45 calories/oz

Pediasure 1.5 Boost Kid Essentials 1.5
Pediasure 1.5 with fiber Boost Kid Essentials 1.5 with fiber
Nutren Junior/Junior with fiber 1.5 (50% whey protein)

19 calories/oz- reduced calorie for low calorie expenditure children

Pediasure Sidekick Nestle Compleat Reduced Calorie (enteral feedings only)

Soy

Bright Beginnings Soy Pediatric Drink Parent's Choice Soy Pediatric Drink Pediasmart Soy (Organic)

Hydrolyzed proteins

30 calories/oz

Pediasure Peptide Nestle Peptamen Junior Pepdite Junior
Nestle Peptamen Junior with fiber
Nestle Peptamen Junior with prebiotics

45 calories/oz

Peptamen Junior 1.5

Amino Acid Based (elemental)

EO28 Splash

Similac Elecare Jr. Vanilla Neocate Junior/Junior Prebiotics Vivonex Pediatric

Toddler formulas meant to supplement a solid food intake:

20 calories/oz- marketed for 9-24 months old

Similac Go and Grow Enfamil Enfagrow Toddler Parent's Choice Toddler/Older Infant
Similac Go and Grow Soy Enfamil Enfagrow Soy Gerber Good Start 2 Soy
Enfamil Enfagrow Gentlease Toddler (partially hydrolyzed proteins and low lactose)
Good Start 2 Gentle (partially hydrolyzed proteins)
Good Start 2 Protect (partially hydrolyzed proteins with probiotics)
Neocate Nutra (elemental formula)

* Formula manufacturers frequently change the products they offer, the names of their products, packaging, and ingredients.
This list is current as of January 2013.

* This list is not inclusive of all formulas available.